

Unit 2: Effective Communication & Conflict Resolution

Unit #: APSDO-00020350

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Grade(s): 6

Subject(s): School Counseling

Course(s): GR. 6 - SCHOOL COUNSELING

Unit Focus

In this unit, students will explore their understanding of self and others through the development of interpersonal skills, expressing appropriate emotions, and demonstrating an understanding of how their actions and behaviors affect others when facing certain situations. Students will apply these interpersonal skills into conflict resolution scenarios through a series of role plays to demonstrate understanding.

Stage 1: Desired Results

Established Goals	Transfer	
Standards <ul style="list-style-type: none"> Avon School Counseling Standards (CT 2020) <ul style="list-style-type: none"> <i>School Counseling</i> <ul style="list-style-type: none"> ACADEMIC DEVELOPMENT <ul style="list-style-type: none"> Demonstrate an understanding of the habits of mind of an engaged student in relation to all aspects of their lives. (A3) SOCIAL/EMOTIONAL DEVELOPMENT <ul style="list-style-type: none"> Demonstrate an understanding of how individual actions can impact relationships, environments, and influence other people. (SE1) Demonstrate the ability to make decisions, think divergently, and take steps to achieve desired outcomes. Able to overcome challenges and obstacles and develop positive coping strategies and build resilience. (SE3) Demonstrate understanding and practice of personal safety skills. (SE5) 	<i>What kinds of long-term, independent accomplishments are desired? Students will be able to independently use their learning to...</i> T1 (T4) Communicate effectively based on purpose, task, and audience.	
	Meaning	
	Understanding(s)	Essential Question(s)
	<i>What specifically do you want students to understand? What inferences should they make? Students will understand that...</i> U1 (U4) There is often more than one solution to a problem, but the right solution depends upon the situation. U2 (U6) The way people express themselves has a significant impact on the quality of their work and interactions with others.	<i>What thought-provoking questions will foster inquiry, meaning making, and transfer? Students will keep considering...</i> Q1 (Q07) What part of this problem is within my control? What part do I need help with? Q2 (Q02) What happened (e.g., major life event, disappointment, mistake)? How am I working through the tough parts? What did I learn from the experience?
	Acquisition	
	Knowledge	Skill(s)

	<i>What facts and basic concepts should students know and be able to recall? Students will know...</i>	<i>What discrete skills and processes should students be able to use? Students will be skilled at...</i>
	K1 The difference between non-verbal and verbal communication	S1 Identifying appropriate communication skills based on the audience
	K2 Strategies for effective communication	S2 Identifying the different conflict resolution approaches and which one is best for a given situation
	K3 The DARE (define, assess, respond, evaluate) decision-making model	S3 Demonstrating effective listening skills
	K4 The definition of conflict	S4 Applying the DARE (define, assess, respond, evaluate) decision-making model when needed
	K5 The difference between internal and external conflict	
	K6 Different conflict resolution styles	